



Dear Parent,

Providing your infant with a safe environment to learn and grow is important to Growing Kids Learning Center. To ensure we are providing a safe environment we have implemented policies and procedures to create a safe sleep environment.

Growing Kids Learning Center follows the safe sleep practices required by the State of Indiana Childcare Licensing Division to help reduce the risk of sudden infant death syndrome (SIDS).

The Growing Kids Learning Center policy on Safe Sleep is as follows:

- Infants will be placed on their backs in safety approved cribs to sleep.
  - Parents may request a waiver for a different sleep position if there is a documented medical reason signed by a physician. Physician letter and waiver must be on file to be allowable.
  - When infants turn over on their own, it is permissible to leave them on their stomachs rather than awakening them, however all infants shall be placed on their back when placed in the crib.
- Soft materials such as pillows, blankets, quilts, or stuffed animals shall never be placed in a crib. There shall not be any toys, crib bumpers, positioning devices, or extra bedding in the crib. Further, there cannot be anything in the crib that may cover the infant's face or pose a strangulation hazard.
- Infants will not share a crib with another child and will have individual bedding for their crib.
  - Bedding will only consist of a fitted crib sheet that fits tightly around the mattress.
- Infants will remain lightly clothed while sleeping. Swaddling using blankets is not allowed.
  - Swaddling is only permissible for infants under three (3) months of age with a safe swaddler and not a blanket.
- All Directors, Assistant Directors, Supervisors, and Infant Room Teachers are trained on Safe Sleep Procedures.

By signing below, you acknowledge you have read and understand the above policies and agree to comply with them.

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Signature of Parent

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Date

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Signature of Growing Kids Representative